



image-1627481443695.png



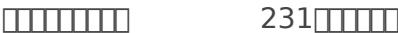
168,204,231


24

168: 16 8

204: 20 4

231: 23 1



 "  "







A grid consisting of 3 rows and 20 columns of empty boxes, intended for writing the numbers 1 through 60.

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[illegible]






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□□□□ (HGH)□□□□

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Dr. Eric Berg DC

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[illegible]

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□□□ Dr. Eric Berg DC

<https://www.youtube.com/watch?v=ucPymf2kWOA>

Revision #3

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