




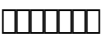
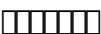



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-  \_\_\_\_\_
- 48  \_\_\_\_\_
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image-1627481443695.png



168,204,231



24

168:    16    8

204:    20    4

231:    23    1

231



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[illegible]






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A 10x10 grid of squares. The first 9 rows are completely filled with 10 squares each. The 10th row contains 5 squares, starting from the left.

□□□□ (HGH)□□□□

Dr. Eric Berg DC 

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[illegible]



Dr. Eric Berg DC

<https://www.youtube.com/watch?v=ucPymf2kWOA>

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[illegible][illegible]

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[illegible][illegible]

“ ”

[illegible]

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□ “□”

[illegible][illegible]

“ ”

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[illegible]

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[illegible]

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[illegible][illegible][illegible][illegible][illegible][illegible]



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"I"





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[illegible]

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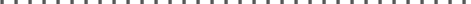





[illegible][illegible][illegible][illegible][illegible]



48 

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[illegible]

1. 
2.   

3. 
4. 
5. 



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24

